



## Project Proposal - 2019/2020

**Sarvodaya Suwasetha**

### Community-based Rehabilitation Project



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**Project Proposal 2019/2020**  
**Community-based Rehabilitation Programme**

**1. Title of the Project:- Community-based Rehabilitation(CBR) Programme**

**2. Project Period:- 01.08.2019 – 31.07.2020**

**3. Introduction**

The word 'Disabled' denotes a host of complicated situations, and hence is explained in different ways. The World health Organization defines 'disabled' as a condition that limits a person's functionality and/or participation. An issue arising in the functioning of the physical structure of the body due to some disease, health problem or sensory abnormality is identified as impairment. Disability is not an isolated health problem but a condition which has complex effects and limitations on a person preventing him/her from leading a normal life.

From the past to present day disability is a concept which was given diverse definitions and connotations. Prior to the 20<sup>th</sup> century the tendency was to treat 'disability' as a cause for extreme social stigma. Instead of looking at disability in a scientific angle it was intrinsically defined with religious ideologies and other social beliefs. Disabled persons and children were hidden away as a disgrace and disappointment at family and community settings and were often considered as a burden of a bad Karma. However, later in 19<sup>th</sup> and 20<sup>th</sup> centuries, especially, after the industrial revolution, the awakening that took place in various fields ranging from science, medicine, social sciences, arts, architecture and philosophy resulted in looking at the concept of disability in a novel eye. With modernization and the advance of science and medicine as well as social development beliefs and attitudes the stigma surrounding disability was replaced by more humane attitudes and disability was begun to be treated as a condition arising out of medical and/or biological abnormalities.

The concept of 'social model of disability' that evolved in the second half of the 20<sup>th</sup> century revolutionised the ideas on disability with a scientific approach, looking more elaborately at the social disadvantages faced by a person due to their physical/mental debilities or incapacities. At this time, solutions were sought to remedy the social problems and challenges faced by persons with disabilities.

Disability, poverty and development are all interwoven. A country's labour force with a high incidence of disability has a negative effect on development. Empowering the disabled in a country to be more productive and participatory in its economy leading to the affirmation of their rights and freedoms is considered as a step towards eradicating poverty as well.

Today, disability is a widely evolving subject with a rights oriented approach. Establishing infrastructure, systems and processes to protect and promote rights of persons with

disabilities are mandated in every country strategy. A host of government and non-government institutions, volunteer organizations and individuals are engaged in ensuring the affirmation of rights of persons with disabilities. Despite this magnanimous progress achieved at global level over the years there is much to be done at grass roots level to make every person with disability access the services that they are in need of.

With all these changes and globalisation to add, in recent times Sri Lanka has embraced the concept of Community based Rehabilitation as a means of finding solutions to the problem of persons with disabilities /children with special needs living in isolated and rural poverty ridden areas and affirming their rights.

Sarvodaya Suwasetha Sewa Society Ltd. established at first as the social arm of Sarvodaya Shramadana movement spearheaded by Dr A.T Ariyaratne had later gained autonomy and has been a foremost welfare institution in the field of social welfare working to affirm the rights of vulnerable segments within the society. Sarvodaya Suwasetha CBR project, during the past 33 years, has been committed to the cause empowering the rural disabled persons and ensuring that they are given the opportunity to function independently and participate and share the resources available to the citizens of the country.

#### **4. Geographical Area**

The geographical area where the SarvodayaSuwasetha CBR project is implemented has been carefully selected to make it as viable and efficient as possible. Of the nine administrative provinces operating in the country the two provinces the western province and the southern province with easy access for the Headquarters in Moratuwa was selected. Taking into consideration the financial implications of the project the geographical area has been further limited to two districts in the two provinces namely the district of Kalutara in the western province and the Galle district in the Southern province located adjacent to each other. Sarvodaya Suwasetha CBR project has been in operation in the said districts for over 35years. During 2019 possibility of implementing one or two activities relating to CBR in the villages where Sarvodaya Child Development Centres are located will be explored.

The final selection was of the Divisional secretariat areas. The extent of land within the Kalutara district is 617 square kilometres while the Galle district includes 1,652 square kilometres with a population of 1,221,948 and 1,063,334 respectively. SarvodayaSuwasetha has selected a number of divisional secretariat areas covering about one third of the district so that the highest efficiency and productivity of the project could be achieved. As such the project is implemented within 10 divisional secretariat areas in the Kalutara district and 9 divisional secretariat areas in the Galle district.

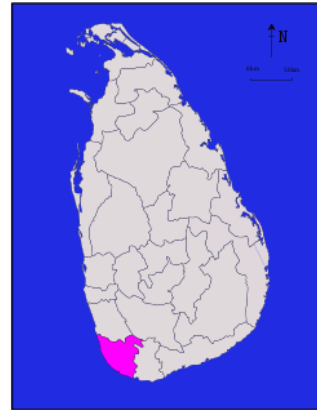
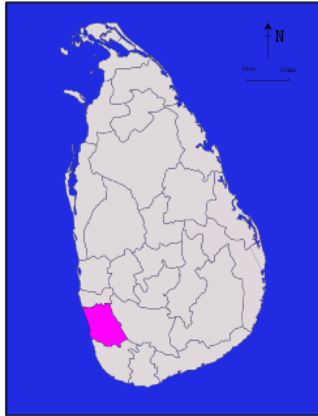


Figure 01:

(Administrative map of Kalutara district )

Figure 02:

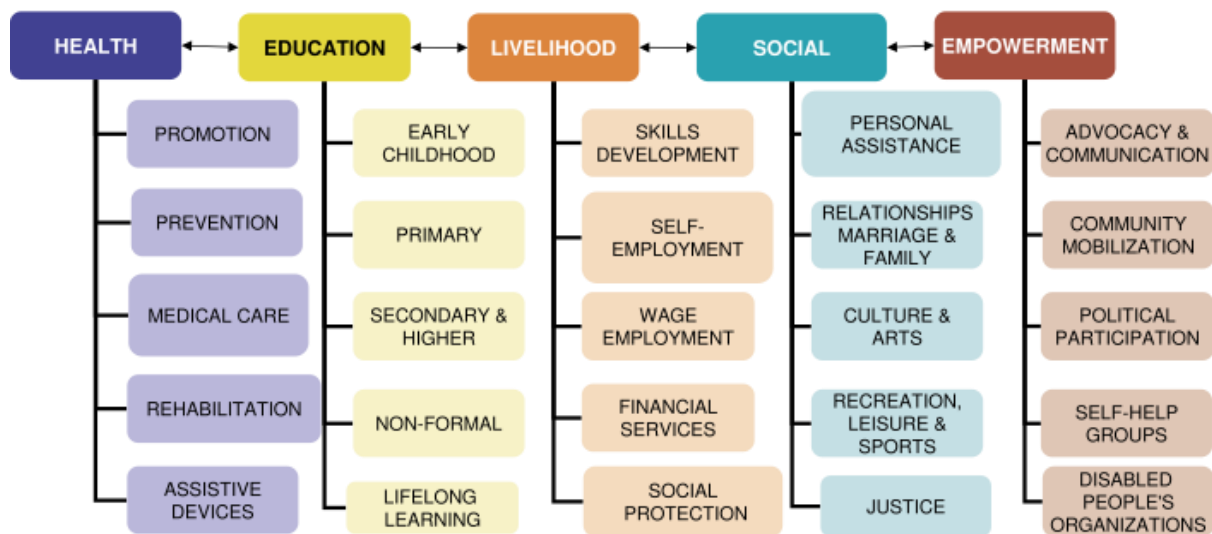
(Administrative map of Galle district)

## 5. Project Objectives

Sarvodaya Suwasetha CBR project initially launched with the aim of achieving welfare and social justice for the persons with disabilities/children with special needs living in the selected areas it operates it is one of the main people centred projects run in the country. The project today, aims at contributing towards a country where all persons with disabilities are empowered to lead optimally independent, quality and meaningful lives at family and community settings enjoying all rights bestowed on them as citizens of the country.

The prime objective of the global CBR project of the world Health Organization is to manage services and resources needed for inclusion and social integration of persons with disabilities and providing them with equal opportunities and guidance to lead an independent lifestyle overcoming challenges, limitations and impediments in the areas of health, education, livelihood, social and empowerment.

# CBR MATRIX



**Capturing the difference we make - Community-based Rehabilitation Indicators Manual**

Guided by the above mentioned objective of the Community-based Projects of the WHO, the Suwasetha CBR project is committed to enhance the quality of life of persons with disabilities and children with special needs and ensure their independence through a spate of projects and programmes. During the project year 2019/2020, it aims at launching services encompassing 5 main general objectives, namely: Health, Education, Livelihood, Social and Empowerment.

Kalutara and Galle Districts are selected to launch the CBR project, based on the fact that 36,304 persons out of the total of 1,617,924 persons with disabilities reside in these two districts (Census and Statistics 2012). Effecting a holistic upliftment in the lives of persons with disabilities - young and old - is the main objective of this operation.

Within the project span a range of programmes, workshops and clinics are planned and conducted to make the disabled and their families to accept and understand their situation, make them aware, capable and access the treatment and facilities available for their rehabilitation, physiotherapy, speech therapy and medical advice to improve their general health and functionality, assistive devices to improve their quality of life, education for upliftment and livelihood training and other referrals for economic independence and empowerment and social inclusion and integration.

## 6. Rationale and justification

In Sri Lanka, according to the population and census statistics of 2012, out of a total population of 20.4 million, a substantial segment of 1,617,924 persons are disabled. Persons with impairment or debility of sight, hearing, mobility, communication and day to day motor control are included in this category.

**Table 1:-Type of Difficulty 2012 (Population aged 5 years & over)**

Difficulties	Difficulty (number)	Rate per 1000 persons		
		Total	Male	Female
Total With Difficulties	1617924	87	77	96
Seeing	996939	54	47	60
Walking	734213	39	31	47
Hearing	389077	21	19	23
Cognition	343689	18	16	21`
Self - care	197575	11	10	11
Communication	180833	10	10	10

Out of the numbers reported to be disabled a major portion remain within the work force of the country as inactive partners of the economy.

It is also evident that the majority of the reported number of persons with disabilities are backward within the health, education, economic and social sectors. This situation prevailing within the country requires rehabilitation of all persons with disabilities and including them within the socio economic sector as productive partners. They need to be empowered to be able to enjoy their rights and freedoms as human beings and citizens of this country. This needs attention of all, more specially the welfare and rights oriented activists and organizations such as Sarvodaya Suwasetha. These factors justify the services offered by the Suwasetha CBR programme to empower the persons with disabilities within the areas of operation and assist them to lead a productive and meaningful life in the Sri Lankan society.

## 7. General Objective 1 Health

Providing guidance and easy access to health related services to achieve continuous progress in physical and mental health and wellbeing of persons with disabilities /children with special needs and their living environment and gradually reduce the level of disability.

### 7.1. Sub Objectives

#### 7.1.1 Sub-objective – 01

Ensuring the mental and physical wellbeing and competence of persons with disabilities by promoting their health and well being using physiotherapy and occupational therapy strategies.

#### 7.1.2 Sub-objective – 02

Facilitating social inclusion and upgrading social vibrancy by strengthening the social integration process of persons with disabilities/children with special needs.

### 7.1.3 Sub-objective – 03

Creating a healthy environment that is conducive for the achievement of present and future expectations of persons with disabilities by offering them physical resources and knowledge needed to lead a healthy life.

### 7.1.4 Sub-objective – 04

Strengthening the professional connections and interactions between the persons with disabilities, their careers and the community and professional experts and field officers to eradicate stigmatization and negative attitudes and disseminate modern and new knowledge and strategies among all stakeholders.

## 7.2. Activities

Sub-objective	Activity
7.1.1	7.2.1. Conducting physio-therapy clinics 7.2.2. Conducting speech therapy clinics 7.2.3. Conducting Occupational therapy clinics 7.2.4. Conducting health clinics
7.1.2	7.2.5. Providing assistive devices
7.1.3	7.2.6. Providing a nutrition package 7.2.7. Referrals to appropriate clinics
7.1.4	7.2.8. Home visits

### 7.2.1 Conducting Physiotherapy Clinics

Physio-therapy clinics will be held at Akmeemana, Yakkalamulla, Balapitiya and Elpitiya divisional secretariat areas in the Galle district. Clinics will be conducted once in three months adding up to 04 clinics for the year 2019. The number of participants for each clinic will be 06.

In the Kalutara district clinics will be held at the divisional secretariat areas of Panadura, Matugama, Beruwala and Ingiriya. Same as the Galle district, there will be 06 participants at each clinic and a total of 03 clinics will be held in the year - once in every four months.

Thus in the year 2019 a total of 24 physio-therapy clinics in the two districts (03 in each divisional secretariat areas) will be held for 48 beneficiaries.

Having discussed with the Social Service Officer at the Balapitiya Divisional Secretariat it was decided that the renovated CBR Unit located at Balapitiya CDC for boys can be optimally used as the venue of all physiotherapy clinics to be held in the area. As an extension to the physiotherapy clinic, recreational camp will be held on a monthly basis for children with disabilities who attended the clinic.

### **7.2.2 Speech Therapy Clinics**

Speech therapy clinics will be held in the divisional secretariat areas of Horana, Kalutara, Milleniya and Panadura in the Kalutara district and Nagoda, Habaraduwa, Thavalama and Ambalangoda in the Galle district. 03 clinics will be held at each divisional area and a total of 24 clinics will be held in the year 2019. The number of beneficiaries will be 48.

### **7.2.3 Conducting Occupational Therapy Clinics**

Occupational therapy clinics will be held in two selected Rural Child Guidance Centres with the participation of at least 10 beneficiaries. It is planned to invite a professional in the field of occupational therapy to conduct the clinic. Choosing Rural Child Guidance Centres for partnering with, in holding clinics and other programmes will be done based on the observations and recommendations of Sarvodaya Suwasetha CBR team and Social Service Officers.

### **7.2.4 Conducting Health Clinics**

General health clinics will be conducted with the support of the Medical Officer of Health (MOH) and a competent Medical Officer attached to the nearest Government hospital with the aim of assessing and improving general health status of persons with disabilities. Basic health indicators such as height, weight, blood sugar level, blood pressure etc will be assessed at these clinics. It is expected to schedule these clinics at the Divisional Secretariat Offices to coincide with the date on which persons with disabilities visit the Divisional Secretariat to collect their monthly Government subsistence allowance. These clinics will be held in the Divisional Secretariat offices in the Kalutara and Galle districts.

### **7.2.5 Providing Assistive Devices**

A total of 10 assistive devices will be provided in the course of the year 2019 for persons with disabilities/children with special needs from the two districts of Galle and Kalutara. The CBR officers will identify the beneficiaries in their field activities as persons who will benefit from assistive devices. Since the government sector provides devices such as crutches, walking aids and wheel chairs freely, CBR plans to provide essential assistive devices that will help the beneficiary yet beyond his/her means to purchase due to economic constraints.

### **7.2.6 Providing a nutrition package**

Children with special needs attending two selected Rural Child Guidance Centres or special education units from the two districts of Galle and Kalutara will be provided with a nutritious meal once a month. Persons in charge of the unit will be provided with the necessary food items and dry rations to prepare the meal.

### 7.2.7 Referrals to Appropriate Clinics

Advising and directing people with disabilities/children with special needs who are in need of obtaining services other than the CBR services (e.g. medical), to access relevant services is aimed at through this activity. This activity includes referrals to relevant specialist medical services for further investigations/treatment, providing transport costs to the needy, financial assistance to buy the prescribed medicines. The CBR project team will be engaging in all follow up activities and monitoring of beneficiaries. The number of beneficiaries will be 04.

### 7.2.8 Home visits

Five home visits per month will be made in each district monitoring and advising persons with disabilities/children with special needs who have been attending the clinics. The total number of home visits in the two districts of Kalutara and Galle will be 120 (5x12x2). Suwasetha CBR project hopes to enlist the social services officers and the volunteers for home visits and if possible will be able to make more than 120 visits in the course of the year.

## 7.3 Outcomes

Activity	Outcome	Mode of measurement
Clinics Physiotherapy clinics Speech therapy clinics Occupational therapy clinics	Persons with Physical independence	Reports monitoring progress
Provision of assistive devices	Mobility skills improved and risks minimized	Observations; follow up activities
Nutrition packs	Undernourishment in beneficiaries overcome	Feedback from parents/carers and managers of centers
Referrals	Intricate problems of beneficiaries overcome or minimized	Progress reports of Doctors and therapists; Follow up activities
Home visits	Connections between officers and beneficiaries strengthened; authentic updated information obtained	Observations and visits

## 8. General Objective 2

### Education

In order to maximize opportunities available for persons with disabilities to obtain highest possible level of education and thereby ensure their right to education, the Suwasetha CBR project strives to encourage, facilitate and promote all educational initiatives. Access to pre-

school, primary and secondary education is facilitated by offering necessary financial and material assistance. With the aim of contributing to realising the dream, *education for all* - non-formal educational facilities are assisted. Vocational education and training is facilitated making the norm of equal educational opportunities a reality for children with special needs/persons with disabilities.

## 8.1 Sub Objectives

### 8.1.1 Sub Objective – 01

Direct children with special needs towards a productive mode of education by minimizing the deterrents to educational activities and sponsoring educational opportunities at pre-school, primary and secondary levels.

### 8.1.2 Sub Objective-02

Remove all impediments to understanding concepts for slow learners by adopting and nurturing the 'multiple medium educational approach' bringing benefits and a positive approach to children with special needs.

### 8.1.3 Sub Objective- 03

Organise and conduct awareness programmes for parents/carers of children with special needs on the educational opportunities and facilities available to the children e.g. special education units, special courses and educational institutions.

## 8.2 Activities

Objectives	Activities
8.1.1	8.2.1 Providing educational equipment for schooling
8.1.2	8.2.2 Providing sets of wooden educational aids 8.2.3 Guidance to create child friendly environment
8.1.3	8.2.4 Awareness programmes regarding available educational opportunities e.g. special education units, pre-schools, non-formal education centres etc.

### 8.2.1 Providing educational equipment for schooling

The CBR project proposes to provide four children with special needs from each district where the project is implemented with a pack of school needs such as school bags, stationary, and other requisites amounting to R. 3000/per child. The recipients will be selected by a committee comprising CBR officers, social service officer and the Grama

Niladhari of the area. Eight children from the districts of Kalutara and Galle will receive packs of school requirements costing a total of Rs 24,000/ (Rs 3000/ x 8).

### 8.2.2 Providing sets of wooden educational aids

The CBR project plans to supply 04 special education units in the two districts (02 from each district) with a set of children's wooden equipment to help stimulate children with special needs. Each set is worth Rs 5000/ and the four sets will cost Rs 20,000/. The education units will be selected on the recommendation and observation of the social service officer and the CBR officers.

### 8.2.3 Guidance to create child friendly environment

Two classrooms (one from each district) will be improved and reorganized to be more child-friendly and pleasant for the children with special needs. The improvement will cost Rs 7000/ and the total cost for the two class rooms will be Rs 14,000/. The social service officer and the CBR officers will select the classrooms that will receive guidance and material help. It is expected that this intervention will create a enjoyable learning experience for children with special needs.

### 8.2.4 Awareness programmes regarding available educational opportunities- e.g. special education units, pre-schools non-formal education centres etc.

Creating awareness on educational facilities available in Sri Lanka for children with special needs is implemented through this activity. Suitable specialist schools and institutions, special programmes and other facilities will be discussed at the programme. In addition information about different services such as physiotherapy, availability of special equipment and assistive devices, speech therapy facilities, occupational therapists, that are accessible will be shared and the participants will be advised on how to obtain these services.

A total of 04 awareness programmes (02 for each district) will be conducted for parents/family/carers of persons with disabilities/children with special needs. Twenty participants selected on recommendations of the social service officer and the CBR officers shall participate in each programme. The total number of beneficiaries will be 80.

## 8.3 Outcomes

Activity	outcome	Mode of measuring
Providing school requirements for schooling	Educational activities of children with special needs continued smoothly	Information on school attendance, performance at school obtained from the teacher concerned
Providing sets of wooden educational aids	Educational aids successfully used to enhance skills and	Observations made at field visits to the special

	abilities of children with special needs	education units to verify how the educational equipment is used
Guidance to create a child friendly environment	Children with special needs stimulated by the creative surroundings	Information gleaned from the teachers of the special education unit about the reaction of children with special needs and discussions about the teaching process
Awareness programmes on available educational facilities	Knowledge on avenues of improving the educational levels of children with special needs gained by parents/family/carers	Answers given to questions asked at the end of the awareness programmes

## 9 General Objective 3 Livelihood

Create an environment conducive to the economic betterment of persons with disabilities and/or their families leading to an improved standard of living by offering them financial assistance, self-employment opportunities and equipment.

### 9.1 Sub-objectives

#### 9.1.1 Sub-objective - 01

Creating livelihood opportunities to uplift the living standards of persons with disabilities and their families.

#### 9.1.2 Sub-objective - 02

Ensuring the survival of persons with disabilities while giving full expression to their potential without any deterrents by integrating them to the mainstream society.

### 9.2 Activities

Sub-objective	Activity
9.1.1	9.2.1 Providing assistive equipment for self-employment
9.1.2	9.2.2 Financial assistance to develop existing self-employment projects

#### 9.2.1 Providing assistive equipment for self-employment

Four (04) persons with disabilities selected on the recommendations made by Social services officers and CBR project assistants from the two districts of Kalutara and Galle will be

provided with assistive equipment each costing Rs 10,000 for income generating projects. The total cost will be Rs 40,000.

### 9.2.2 Financial assistance to develop existing self-employment projects

Two (02) persons with disabilities /families will receive financial assistance (Rs7, 000 each) to develop the self –employment projects they are already engaged in. The beneficiaries will be selected from the two districts (one from each) on the observations made by the social services officers and the CBR project assistants. The total expenditure will be Rs.14, 000.

## 9.3 Outcomes

Activity	Outcome
Providing assistive equipment for self-employment	Comparative economic stability gained through self-employment
Financial assistance to develop existing self-employment projects	do

## 10. General Objective 4

## Social

The social aspect of the CBR project aspires towards empowering persons with disabilities/children with special needs socially by promoting their inclusivity within the family and community settings, integrating them into mainstream society through socialization and enabling them to enjoy the rights and resources within the community without discrimination and stigmatization.

### 10.1 Sub Objectives

#### 10.1.1 Sub Objective – 01

Creating the environment for them to enjoy their rights and freedoms without any limitations by imparting knowledge on legal protection provided to persons with disabilities.

#### 10.1.2 Sub Objective – 02

Creating the environment to strengthen persons with disabilities spiritually and improving their mental health by forging healthy relationships at family and social levels.

#### 10.1.3 Sub Objective – 03

Giving persons with disabilities/children with special needs the opportunity to showcase their skills and talents and create an environment to develop their mental resilience to overcome challenges they face within the society.

## 10.2 Activities

Objective/s	Activity
10.1.1	10.2.1 Awareness programmes for social service officers to educate them on the legal protection for persons with disabilities
10.1.2	10.2.2 Conducting various religious activities with the help of religious dignitaries of different denominations
10.1.3	10.2.3 Counselling programmes

### 10.2.1 Awareness programmes for social service officers to educate them on the legal protection for persons with disabilities

Awareness programmes for social service officers to educate them on the legal protection for persons with disabilities

Two programmes on the legal position of persons with disabilities in the eyes of the law will be held (01 per district) in the two districts within the year 2019. The beneficiaries will be 20 social service officers from each district the total being 40 beneficiaries. The resource person to conduct the programme will be either a lawyer or a senior officer from the department of probation and child protection.

### 10.2.2 Conducting various religious activities with the help of religious dignitaries of different denominations

A total of 04 religious programmes will be held in the two districts (02 per district) and the participants will be selected by the social services officers attached to the divisional secretariat of the area. The social service officers will invite a Buddhist priest/catholic priest for discourses and the total number of beneficiaries would be 300 (75x4) or more. The CBR project will contribute by providing the expenses incurred regarding the programme.

### 10.2.3 Counselling programmes

A total of 02 counselling programmes will be held in 2019 in the two devotional secretarial areas of Kalutara and Galle (one in each district) with the aim of empowering persons with disabilities and their carers to heal their traumas and resolve mental and emotional issues. The beneficiaries will be directed to the programmes by the social service officers, teachers of special units, and CBR officer's. The number of beneficiaries at each counselling session will be 20. A total of 40 persons (20x2) with disabilities/children with special needs/carers/family will be benefitted.

### 10.3 Outcomes

Activity	Outcome	Mode of measurement
<b>Awareness programmes for social service officers on the legal protection for persons with disabilities</b>	Enhanced knowledge and understanding of the legal position of persons with disabilities in society	Answers to the questionnaire given at the conclusion of the programme  Observations made while working together with the officers
<b>Conducting religious activities with the help of religious dignitaries of different denominations</b>	Mental health of persons with disabilities and their carers improved	Answers to questions from the resource persons and questions asked by beneficiaries from the resource persons
<b>Counselling programmes</b>	Resilience shown by persons with disabilities and the carers to face problems within the society improved	Answers to questions at the end of the programme Follow up observations

## 11. General Objective – 5

## Empowerment

Provide opportunities for persons with disabilities to identify and analyse their strengths, weaknesses, opportunities and threats to motivate and empower them to set and fulfil their objectives, expectations and targets in life and there by affirm the rights of persons with disabilities by promoting equality, civil rights, social justice and sharing of resources.

### 11.1 Sub Objectives

#### 11.1.1 Sub Objective - 01

Create small groups at micro level of child, youth and adult age groups to develop self-strength.

#### 11.1.2 Sub-objective - 02

Create an environment to gain equality and justice by strengthening them politically.

### 11.2 Activities

Sub-objective	Activity
11.1.1	11.2.1 Formation of self-help groups
11.1.2	11.2.2 Safeguarding the right to vote

### 11.2.1 Formation of self-help groups

In the year 2019 04 self-help groups will be formed in four divisional secretariat areas in the two districts of Kalutara and Galle. Two adult and child groups will be formed with disabled persons from birth and persons with disabilities after birth. These groups will also represent dependant and independent persons with disabilities. The groups will meet thrice a year and the total number of meetings in each will be 12 per year (4x3) in each district and 24 for both districts. 06 persons with disabilities/children with special needs will attend each meeting and the number of beneficiaries from self –help groups will be 72 per district and 154 (6x12x2) in both districts.

### 11.2.2 Safeguarding the right to vote

With the co-operation of the PAFFEREL organisation Sarvodaya Suwasetha CBR project will work together to ensure that persons with disabilities will be afforded access to the polling stations. In the year 2019 in the event of election 10 persons with disabilities from each district amounting to 20 persons with disabilities from the two districts of Kalutara and Galle will be assisted to gain access to the relevant polling station.

## 11.3 Outcome

Activity	Outcome
Formation of self-help groups	Persons with disabilities empowered and their strengths awakened
Safeguarding the right to vote	Political participation of persons with disabilities affirmed

## 12. General Objective 6

### A Viable Service Delivery Mechanism

Develop an efficient, effective and productive service delivery mechanism to enable a smooth and multi-sectoral service flow to reach out to most needy persons and children with disabilities and ensure access to all necessary services.

### 12.1 Sub Objective

#### 12.1.1 Sub Objective – 01

To optimally deliver CBR services within five selected Divisional Secretariat Divisions representing Galle and Kaluthara districts and expand the geographical reach out of the project by delivering services in areas where other services of Sarvodaya Suwasetha is in operation.

## 12.2 Activity

Sub objective	Activity
12.1.1	12.2.1. Developing and maintaining healthy professional relationships among all stakeholders

### 12.2.1. Developing and maintaining healthy professional relationships among all stakeholders

According to the 2019 project proposal, services will reach out to beneficiaries of five newly revived Divisional Secretariat Divisions namely Elpitiya, Habaraduwa, Thawalama, Kaluthara. The CBR team expect to meet with and coordinate with relevant officials at the DS Officers and revive the service delivery mechanism.

## 12.3 Outcome

Activity	Outcome
Expand the professional relationship	Expand the reach out of services and create strong and efficient network of professionals to provide holistic services.

## 13. Project Approaches

It is a scientifically proven fact that a person with disabilities faces numerous and diverse hazards and challenges in every aspect of life including but not limited to physical, psychological, behavioural, social etc. at every stage of his/her life. The adoption of a multi-sectoral approach in community based rehabilitation seeks viable solutions to these complex problems.

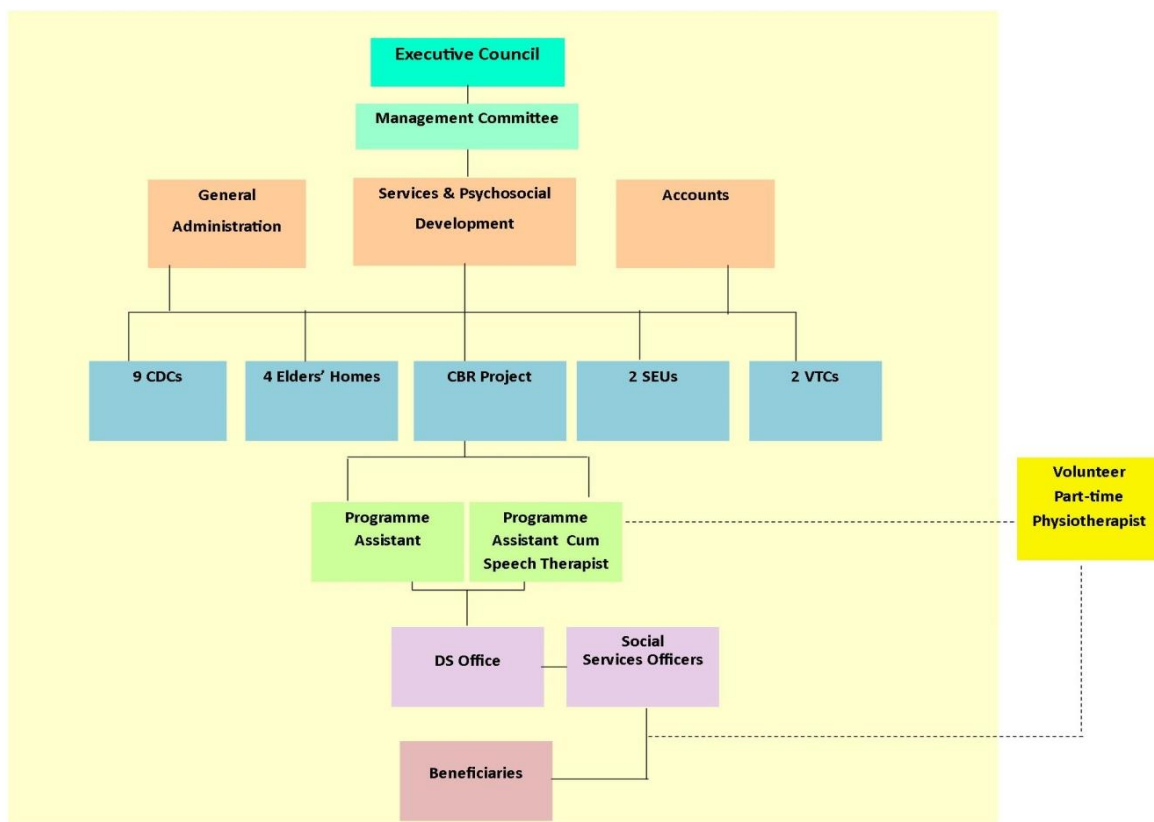
Lifelong rehabilitation is a valuable project approach which facilitates and enables persons with disabilities to awaken their potential and reach maximum levels of rehabilitation at different stages of life.

Sarvodaya Suwasetha, in line with the Global human rights approach to delivering services has shifted its welfare oriented approach to a rights oriented one. The CBR project in particular has taken a conscious effort to empower persons with disabilities to practically enjoy the human rights that they are entitled to. The project has widened its scope to cover political and civil rights of persons with disabilities during the project period.

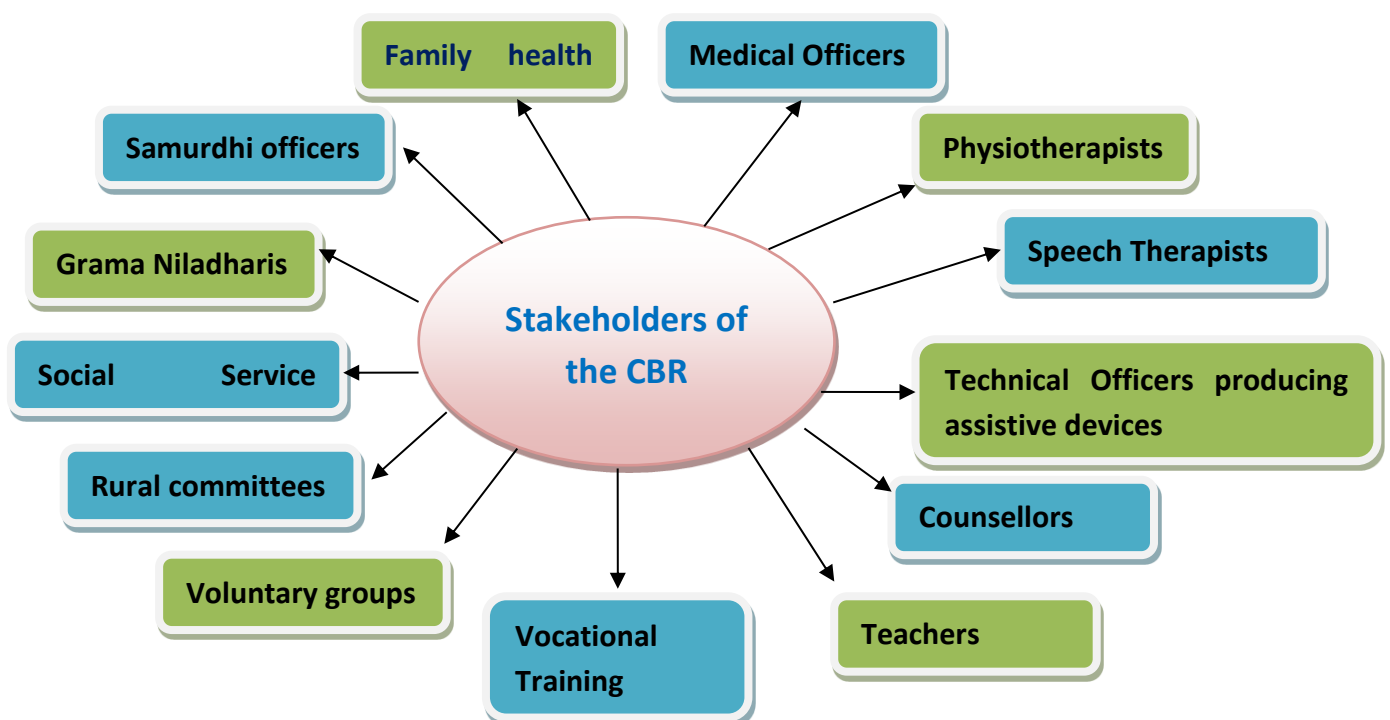
We believe that the programmes implemented by Suwasetha CBR programmes offer quality services to this vulnerable sector of the society and we thank our donors for making it possible for us to forge ahead in our humanitarian journey.

## 14. Implementation Structure

The project will be implemented using the following structure.



## The Stakeholders of the CBR programme



## 15. Monitoring and Evaluation

All beneficiaries who are offered services by Sarvodaya Suwasetha CBR project are selected by the joint observations made by CBR project assistant and Social services officers attached to the relevant divisional secretariats. The follow up and feedback activities will be done regularly at least once a month.

The CBR project assistants will also carry out follow up and monitoring activities on the regular execution of instructions given by therapists to beneficiaries at the clinics through observations and feedback from family/carers during home visits. In addition progress is charted at the monthly physiotherapy and speech therapy clinics.

Simultaneously the Social service officers engage in follow up activities relating to beneficiaries and offer them advice when necessary. Progress reports on self –employed persons with disabilities are also maintained by the Social services officers.

At the conclusion of the project a questionnaire on the year’s experiences is given to the social service officers by the Suwasetha CBR project assistants the answers to which will reveal any flaws in our services provided to persons with disabilities/children with special needs. It will provide valuable feedback, suggestions, criticisms, and guides the CBR project in planning the future activities.

## 16. Activity Summary

General Objectives	Activity	No: of Activities	No: of Beneficiaries
Health	7.2.1. Conducting physio-therapy clinics	24	48
	7.2.2. Conducting speech therapy clinics	24	48
	7.2.3. Conducting Occupational therapy clinics	02	20
	7.2.4. Conducting health clinics	02	160
	7.2.5. Providing assistive devices	-	06
	7.2.6. Providing a nutrition package	24	480
	7.2.7. Referrals to appropriate clinics	-	04
	7.2.8. Home visits	120	120
Education	8.2.1 Providing educational equipment for schooling	-	04
	8.2.2 Providing sets of wooden educational aids	04	around 45
	8.2.3 Guidance to create child friendly environment	02	around 45

	8.2.4 Awareness programmes regarding available educational opportunities e,g special education units, pre-schools etc	04	80
Livelihood	9.2.1 Providing assistive equipment for self-employment	-	04
	9.2.2 Financial assistance to develop existing self-employment projects	-	02
Social	10.2.1 Awareness programmes for social service officers to educate them on the legal protection for persons with disabilities	02	40
	10.2.2 Conducting various religious activities with the help of religious dignitaries of different denominations	04	300
	10.2.3 Counseling programmes	02	40
Empowerment	11.2.1 Formation of self-help groups	24	154
	11.2.2 Safeguarding the right to vote	-	20
A Viable Service Delivery Mechanism	12.2.1 Developing and maintaining healthy professional relationships among all stakeholders	04	
	12.2.2 Expand the reach out of services and create strong and efficient network of professionals to provide holistic services		

## Timeline for Activities

[illegible]